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### **1. Workshop Title and Subtitle**

ENOUGH SAID!

*Innovative ways to know when less is more*

### **2. Workshop Aim**

The aim of the proposed “ENOUGH SAID” workshop is to:

- Understand the difference between getting to and going beyond the point
- Explore innovative ways to feel comfortable about talking straight, rather than beating about the bush.
- Discover the high value of being short and to the point, yet mindful and culturally sensitive, when communicating

### **3. Brief Intro**

This innovative workshop gives participants the opportunity to explore their communication style in the work setting. It is especially suitable for anyone wishing to work on achieving effective yet mindful brevity in how they interact with their employees, peer or superiors.

The participants will embark on a fun, creative and interactive journey of listening and dialogue. They will be given tips and specific examples on how to get to the point and help others do the same.

Join us for one of our innovative “ENOUGH SAID!” workshops to gain some inspiring insights into how saying less is (almost) always more.